

Vanguard TEFL

Week 1 Beginner ESL Lesson Plan

Ready-to-Teach Pack for Veterans & Educators

Week 1: ESL Beginner Lesson Plan

Day 1 - Greetings & Introductions

- Objective: Learn basic greetings and how to introduce oneself
- Vocabulary: Hello, Hi, Goodbye, My name is...
- Activity: Pair up students to practice short dialogues
- Worksheet: Match greetings to pictures

Day 2 - Numbers & Age

- Objective: Learn numbers 1-20 and how to say age
- Vocabulary: Numbers 1-20, How old are you?
- Activity: Number Bingo
- Worksheet: Trace and say the numbers

Day 3 - Colors & Classroom Objects

- Objective: Identify colors and classroom items
- Vocabulary: Red, Blue, Book, Pencil, Bag
- Activity: Find-the-color scavenger hunt
- Worksheet: Color-by-word activity

Day 4 - Feelings & Emotions

- Objective: Express basic feelings
- Vocabulary: Happy, Sad, Angry, Tired
- Activity: Emotion charades
- Worksheet: Draw a face to match the feeling

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Day 5 - Review & Practice

- Objective: Review vocabulary and practice conversations
- Activity: Roleplay in pairs, review games
- Worksheet: Fill in the blanks with correct words

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Day 1 - Greetings & Introductions: Vocabulary

- Hello
- Hi
- Goodbye
- My name is...
- What is your name?
- Nice to meet you

Practice Conversation 1

A: Hello!

B: Hi!

A: My name is Ana. What is your name?

B: My name is Ben.

A: Nice to meet you!

B: Nice to meet you too!

Day 2 - Numbers & Age: Vocabulary

- One to Twenty
- How old are you?
- I am ____ years old.

Practice Conversation 2

A: How old are you?

B: I am seven years old.

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A: Wow! I am eight years old.

Day 3 - Colors & Classroom Objects: Vocabulary

- Red, Blue, Green, Yellow, Black, White
- Book, Pencil, Eraser, Bag, Chair

Practice Conversation 3

A: What color is your bag?

B: My bag is red.

A: What is this?

B: It is a pencil.

Day 4 - Feelings & Emotions: Vocabulary

- Happy, Sad, Angry, Tired, Excited
- How are you?
- I am (feeling).

Practice Conversation 4

A: How are you today?

B: I am happy!

A: That's great!

B: How are you?

A: I am tired.

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Day 5 - Review Day: Practice

A: Hello! My name is Mia. What is your name?

B: Hi Mia! My name is Leo.

A: How old are you?

B: I am six years old. You?

A: I am seven.

B: What color is your pencil?

A: My pencil is blue. How are you today?

B: I am excited!

A: Me too!

Number Bingo Sheet

5	1	68	47	15
48	50	33	22	64
37	11	FREE	60	65
51	41	52	42	62
10	74	75	63	13

Number Bingo Sheet

52	33	61	30	32
9	23	46	14	72
28	35	FREE	22	48
16	62	15	2	60
38	69	54	27	74

Number Bingo Sheet

21	19	24	7	62
56	52	10	22	37
3	41	FREE	51	39
11	6	2	67	18
70	64	25	60	68

Number Bingo Sheet

35	32	53	69	25
26	10	61	64	17
4	21	FREE	52	33
62	36	50	66	38
51	57	65	49	44

Number Bingo Sheet

14	49	67	24	8
2	31	40	42	51
7	74	FREE	68	55
12	30	41	60	50
64	37	73	13	48

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Day 1 - Greetings & Introductions: Fill in the Blanks

1. _____! My name is Ana.

2. What is _____ name?

3. Nice to _____ you!

Day 2 - Numbers & Age: Fill in the Blanks

1. I am _____ years old.

2. How _____ are you?

3. I am _____.

Day 3 - Colors & Classroom Objects: Fill in the Blanks

1. My bag is _____.

2. This is a _____.

3. What color is your _____?

Day 4 - Feelings & Emotions: Fill in the Blanks

1. I am _____ today.

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2. How are _____?

3. I am feeling _____.

Day 5 - Mixed Review: Fill in the Blanks

1. _____! I am Ben.

2. I am _____ years old.

3. My pencil is _____.

4. I feel _____ today.

5. What is your _____?